

Fall 100 day WALK CHALLENGE



Day 1

Day 2

Day 3

Day 4

Day 5

Day 6

Day 7

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Total Miles

Day 8

Day 9

Day 10

Day 11

Day 12

Day 13

Day 14

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Total Miles

Day 15

Day 16

Day 17

Day 18

Day 19

Day 20

Day 21

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Total Miles

Day 22

Day 23

Day 24

Day 25

Day 26

Day 27

Day 28

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Total Miles

Day 29

Day 30

Day 31

Day 32

Day 33

Day 34

Day 35

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Total Miles

Day 36

Day 37

Day 38

Day 39

Day 40

Day 41

Day 42

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Total Miles

Fall 100 day WALK CHALLENGE

Day 43

Day 44

Day 45

Day 46

Day 47

Day 48

Day 49

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Total Miles

Day 50

Day 51

Day 52

Day 53

Day 54

Day 55

Day 56

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Total Miles

Day 57

Day 58

Day 59

Day 60

Day 61

Day 62

Day 63

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Total Miles

Day 64

Day 65

Day 66

Day 67

Day 68

Day 69

Day 70

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Total Miles

Day 71

Day 72

Day 73

Day 74

Day 75

Day 76

Day 77

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Total Miles

Day 78

Day 79

Day 80

Day 81

Day 82

Day 83

Day 84

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Total Miles

Fall 100 day WALK CHALLENGE

Day 85

Day 86

Day 87

Day 88

Day 89

Day 90

Day 91

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Total Miles

Day 92

Day 93

Day 94

Day 95

Day 96

Day 97

Day 98

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Miles walked

Total Miles

Day 99

Day 100

Miles walked

Miles walked

Total Miles Walked

